



Creating Energy & Strength through Unity
Our alliance provides continuity and a communication
network for citizens and groups dedicated to progressive causes.

Progressive Alliance Calendar March 2023

March is Women's History Month

"Women should be celebrated every day, but a month dedicated to female empowerment is extremely special. It doesn't just honor the iconic women who have changed history, but encourages new generations to dream big and know that anything is possible." Molly McCook in FORBES

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Calendar

Save the Date

For Your Information

Community Volunteers/Help Needed /Donations Needed

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Photo of the Month

Flyers

Calendar:

March 1 Food Distribution

Mondays, Wednesdays, and Fridays are SHARE Ministries' and EDC Food Bank food distribution days from 10am-noon. 1031 Thompson Way, Placerville. For other days and locations go [HERE](#) or [see the attached flyer](#) below.

March 3 Free Public Viewing Placerville Observatory

Public viewing is **free every Friday and Saturday night in February**. Please check back by 3PM on the day of the event for weather or staffing closures. Time: 7:30-9:30pm. Location: Community Observatory, 6699 Campus Drive, Placerville. Information [HERE](#)

March 4 International Women's Day

International Women's Day was first celebrated in 1911. March 8 was adopted by the United Nations as the official date in 1975.

March 4 First Saturday Tour of Sherwood Demonstration Garden

After the one hour tour, wander around the sixteen individual gardens at your own pace and ask the docents for help with additional questions and information. 9am, Sherwood Demonstration Garden, 6699 Campus Drive, Placerville. Contact: <http://ucanr.edu/edmg>

March 4 Free Master Gardeners Class: All about Roses

This class will cover the basics of growing roses- from selection and planting to care and pruning. 9- 12 noon, Sherwood Demonstration Garden, 6699 Campus Drive, Placerville. Contact: <http://ucanr.edu/edmg>

March 4 Free Master Gardeners Class: Grow and Show

Children can learn some basics of gardening and plant a succulent cutting to take home. After caring for it and watching it grow, they can enter it into the EDC Fair in June. Their plants will be on display during the Fair for all to see and they could possibly win a ribbon. 9:30-10:30am, Sherwood Demonstration Garden, 6699 Campus Drive, Placerville. Register at <https://ucanr.edu/grow-and-show>

March 4th, 18th Wakamatsu Open Farm Days

The first and third Saturdays April - June 10am-2pm
Special programming at each Open Farm Day. Explore Wakamatsu Farm on your own and then stay and relax awhile. On-site interpreters can share information and answer questions about the first Japanese colony in America. For more information on the special days and pre-registration go to: ARConservancy.org/events

March 4 Free Daytime Solar Observing at Placerville Observatory

Monthly daytime solar viewing happens the first Saturday of each month. Please check back prior to the event for weather or staffing closures. Time: 10am-12pm.

Location: Community Observatory, 6699 Campus Drive, Placerville. Information [HERE](#)

March 4 El Dorado Ranch Hike

Explore the History and Plants of El Dorado Ranch. The tour and short walks are mostly accessible by vehicle so extended walking is optional. Responsible children 12+ welcome. A detailed email will be sent once you register online. 10 am-4pm.

Contact: ARConservancy.org/events

March 4 Surviving the Urban Jungle

As people continue to expand their territories, wild animals find themselves greatly impacted. This presentation is delivered by a wildlife rescuer with photos and stories of helping our wildlife. 10-12 noon, Sierra Wildlife Rescue Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: sierrawildliferescue.org

March 4 Certifying Your Habitat to Help Wildlife

Create a wildlife habitat that attracts birds, butterflies, and other neighborhood wildlife. It is easier than you think! 1-3 pm, Sierra Wildlife Rescue Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: sierrawildliferescue.org

March 5 Hike to the Eagles

This intermediate 5 mile hike takes you to Strawberry Creek and up to the top of the bluffs where the bald eagles' nest lives. Well-behaved dogs on leash OK. Ages 13+ welcome. 10 am-12:30 pm. Contact: ARConservancy.org/events

March 8 Free Master Gardeners Class: All about Berries

Master Gardeners and Master Food Preservers will combine their knowledge for this class on berries. You will learn how to grow and care for a variety of berries and also how to best use your harvest. 9- 12 noon, Cameron Park Community Center, 2502 Country Club Dr, Cameron Park. Contact: <http://ucanr.edu/edmg>

March 9 Democratic Women Meeting

Please check our calendar for our March club event: <https://edcdems.org/calendar-edc-slt/> or our Facebook page: Facebook.com/DemocraticWomenofElDoradoCounty . Or DemWomenEdc@gmail.com for information.

March 11 Snowshoe Tour with a Forester

Join an easy, moderate introductory snowshoe hike through the woods. 9am-4pm (weather and snow dependent). Fit 13+ year olds welcome. Meeting location in the Foresthill area. Contact: ARConservancy.org/events

March 11 Sierra Wildlife Rescue Class: Raptor Rehabilitation

10-12 noon. SWR Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: sierrawildliferescue.org

March 11 Zen Meditation and Qigong in the Wakamatsu Garden

Enjoy a peaceful and relaxing time at the beautiful Wakamatsu Garden. The event will include sessions of Qigong, mindfulness meditation, and walking meditation. Responsible/quiet 12 yr + welcome. 1-2:30pm.

Contact: ARConservancy.org/events

March 12 Daylight Savings Begins

Set your old-fashioned clocks forward one hour.

March 12 Capturing Wakamatsu: A Poetry Walk/Workshop

Explore the farmhouse, barn, and surroundings. Then write a poem inspired by what you have experienced. Children 8+ welcome with adult supervision. 12-2pm.

Contact: ARConservancy.org/events

March 12 Poppy Walk (date is weather and bloom dependent)

Enjoy walking to glowing orange poppy fields overlooking the South Fork of the American River. The trail is steep in places but has a good flat bed. 2-5pm.

Register online at: ARConservancy.org/events

March 12 El Dorado Progressives General Meeting

3:30PM, Planning and Priorities for 2023

Guest Speaker - Dennessa Atilas - California Indivisible. Placerville Town Hall, 549 Main St, Placerville, CA 95667 and on Zoom. Send any questions to

eldoradoprogressives@gmail.com. To register for the Zoom meeting click: [HERE](#)

March 15 Fishing on the Farm

ARC is returning its monthly fishing night at Wakamatsu Farm on the third Wednesday of each month March-May. Try casting techniques, catch a few bass, and enjoy the serenity of the 8 acre lake. Participants over 16 must have a valid CA Fishing License.

All ages welcome. 5 pm- dusk. Register online at: ARConservancy.org/events

March 16 United Democrats Meeting

The United Democrats of El Dorado County will be holding their monthly meeting on Thursday, March 16. Their speaker will be EID Director Lori Anzini. The meeting will be at Noon at the Round Table Pizza on Missouri Flat Road.

Contact John Savage at savage956@hotmail.com

March 17 St Patrick's Day

March 17 Sierra Renaissance Society Event - Fire!

The Fire Council Panel will discuss fire in our area, how to prepare for it, how to insure against it. 1-3 pm, Diamond Springs Lion Hall, 4701 Missouri Flat Rd. Contact: srsedu.org

March 18 Hike, Spot, Capture (photo walk)

This will be a 2-3 mile slow paced hike in search of that perfect shot on ARC's newly acquired Elliott Pond property. Responsible photographers 12+ welcome. 8:30 am-12 noon. Contact: ARConservancy.org/events

March 18 Sierra Wildlife Rescue Class: Fox, Coyote, & Bobcat Rehabilitation

10-12 noon, Sierra Wildlife Rescue Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: sierrawildliferescue.org

March 18 Sierra Wildlife Rescue Class: Skunk Rehabilitation

1 pm-3 pm, Sierra Wildlife Rescue Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: sierrawildliferescue.org

March 20 First Day of Spring**March 21 Free Master Gardeners Class: Turning Dirt into Gold**

Learn how to modify your soils to improve plant health and reduce disease and pests. 9-12 noon, Pilot Hill Grange, 1701 CA -193, Cool, CA. Contact: <http://ucanr.edu/edmg>

March 25 Snowshoe Hike- Gerle Creek Area (snow dependent)

Snowshoe hike (5-6 miles) in the El Dorado National Forest. This is an intermediate hike for snowshoers ages 12+. Well-behaved dogs on leash OK. 9am-4 pm. Contact: ARConservancy.org/events

March 25 Free Master Gardeners Class: Tomatoes, From Seed to Table

Master Gardeners and Master Food Preservers will combine their knowledge to show you how to choose the right varieties, deal with insects and diseases, and show you what you can do with your tomato harvest. 9-12 noon, El Dorado Hills Community Services District, 1021 Harvard Way, El Dorado Hills. Contact: <http://ucanr.edu/edmg>

March 25 Sierra Wildlife Rescue Class: Fawn Rehabilitation

10 -12 noon, Sierra Wildlife Rescue Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: sierrawildliferescue.org

March 25 Sierra Wildlife Rescue Class: Corvids Rehabilitation

1-3 pm, learn about the rehabilitation of Corvids (crows & ravens). Sierra Wildlife Rescue Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: sierrawildliferescue.org

March 29 Ongoing Dementia Caregiver Series

Join us for this comprehensive and supportive series sponsored by the Alzheimers Association and others. Location: Holy Trinity Parish, 3111 Tierra de Dios Dr, El Dorado Hills 95762. For information and to register in advance (required) call (916) 728-9333 and press 2. **See attached flyer.**

Save the Date

April 1 Baby Bird Nursery Volunteer Training

Learn how to feed baby songbirds and how to become a volunteer at the Nursery. Two sessions: 10-12 noon and 1-3 pm

April 15 & 29 The Master Gardeners yearly plant sale

For Your Information

While the Free Farmers Markets are on hold until spring, there are many local food distribution sites in the county! See the flyer below and or go [HERE](#) if you need help or for more information.

The Master Gardeners public office is open Tuesdays, Wednesdays, and Thursdays from 9 until noon. Bring a cutting or insect or question and they will do their best to answer your gardening questions on the spot or do more research and contact you. Contact: 530-621-5512 or mgeldorado@ucanr.edu

Open Garden Days at Sherwood Demonstration Gardens on Fridays and Saturdays from 9 until noon. Contact: mgeldorado@ucanr.edu

The Center for Violence Free Relationships is open for in-person appointments if zoom and phones services are unavailable. Visit their website for protocols for in-person appointments. thecenternow.org
Crisis Support Line (530)626-1131 or (916)939-6616

Community Volunteers/ Help Wanted/ Donations Needed

Calling all supporters of free speech and encouraging critical thinking in young people! The United Democrats are raising money to support their **18th Annual Student Essay Contest**. They award \$2,750 in cash prizes. If you would like to donate, make your check out to United Democrats Student Essay Contest and mail it to PO Box 762, Diamond Springs 95619.

Websites and Contact: Information:

Big Brothers/Big Sisters

Contact: Amber Henrichs
530-626-1222
amber@mentors4youth.org

Democratic Women's Club

www.edcdems.org
Contact: Lorraine King
916-220-2872
Lorraine.king@sbcglobal.net

EDC Progressive Alliance

edcprogressivealliance@yahoo.com

El Dorado County Democratic Party

www.edcdems.org
info@edcdems.org

El Dorado Peace & Justice Community

www.edpic.org
jrmarti2@earthlink.net
Jim Martin (530) 622-9549

El Dorado Progressives

<https://www.facebook.com/groups/287092428352556/>
eldoradoprogressives@gmail.com
<https://eldoradoprogressives.org/>

Friends of EDC Seniors

info@friendsofEDCseniors.org
(530)626-6323

League of Women Voters EDC (nonpartisan)

www.lwveldorado.org
President: Eileen Burke-Trent
eileen.dragonslea@gmail.com

New Morning Youth & Family Services

www.newmorningyfs.org
David Ashby, Executive Director
David@newmorningyfs.org
530.622.5551 x122

Sierra Club Madrone Group

www.sierraclub.org/mother-lode/madrone
barbara.brydon@comcast.net
Contact: Barbara Brydon

Sierra Wildlife Rescue

(530)621-2020
<https://sierrawildliferescue.org/>

The Center for Violence-Free Relationships

24/7 Crisis Help Line: 530-626-1131 or
916-939-6616, Office Phone: 530-626-1450
or 916-939-4464 www.thecenternow.org

United Democrats of El Dorado County

www.edcdems.org
Contact: John Savage
Savage956@hotmail.com

Photo of the Month



A beautiful piece of art from local artist Patricia McKinney

DEMENTIA CAREGIVER EDUCATION SERIES



January-February-March 2023
Last Wednesday of the month
10:00am to 11:30am

Wednesday, March 29th, 2023

Registration Required: www.tinyurl.com/dces323

Compassionate Communication between Adult Children & Aging Parents

Some of the hardest and most vital conversations we will ever have are with our aging parents when we discuss their wishes regarding their hopes and desires for the future. These conversations can be emotionally charged for both the parents and their children but involve topics that should be addressed to smooth decision-making about the future. Clarifying decisions together also helps all family members understand the basis for aging parents' choices and can reduce conflict when a crisis arises.

Understanding and Responding to Dementia Related Behaviors

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model & then applies it to some of the most common behaviors associated with the disease.

Advance Registration Required. Please register at the link listed above or call (916) 728-9333, press 2.



Holy Trinity Parish's
Health Education
Ministry

Holy Trinity Parish~View Room

3111 Tierra de Dios Drive, El Dorado Hills, CA 95762



*If you require respite care, please contact Del Oro CRC at (916)728-9333 at least 2 weeks BEFORE scheduled event.



Food Distribution Sites

Food Bank

El Dorado County

Camino

Camino Adventist Community Services
3520 Carson Rd
Wednesdays 9 am - Noon

Cameron Park

Light of the Hills Lutheran Church
3100 Rodeo Rd
1st, 2nd & 3rd Tuesdays 11am - Noon

El Dorado

El Dorado Community Church
4701 Church St
2nd & 4th Fridays 11 am - 2:30 pm

El Dorado Hills

Hills Church
800 White Rock Rd
2nd & 4th Tuesdays 10 am - 11 am

Garden Valley

House of Prayer
7901 Hwy 193
2nd & 4th Wednesdays 11 am - 2 pm

Placerville

Foothill Indian Education
100 Forni Rd
1st & 3rd Fridays 11:30 am - 1 pm

Placerville

Green Valley Community Church
3500 Missouri Flat Rd
Saturdays 8 am - 11 am

Placerville

Placerville Adventist Community Services
6831 Mother Lode Rd
2nd & 4th Wednesdays 9 am - Noon

Placerville

SHARE Ministries
1031 Thompson Way
Mondays, Wednesdays, Fridays 10 am - Noon

Placerville

Upper Room Dining Hall
1868 Broadway St
Daily 4 pm - 5 pm

Pollock Pines

Pollock Pines Community Church
6361 Pony Express Trl
2nd & 4th Fridays 11:30 am - 1 pm

Somerset

Pioneer Bible Church
6851 Mt Aukum Rd
2nd & 4th Fridays 1 pm - 2 pm

South Lake Tahoe

SLT Family Resource Center
3501 Spruce Ave
2nd Friday 10 am - 4 pm

South Lake Tahoe

Phoenix Food Pantry
2733 Lake Tahoe Blvd
Wednesdays 10:30 am - Noon

South Lake Tahoe

St. Theresa's Bread & Broth
1041 Lyons Ave
Mondays 4 pm - 5:30 pm

South Lake Tahoe

Lake Tahoe Community
Presbyterian Church
2733 Lake Tahoe Blvd
Fridays 4 pm - 5 pm

If a friend sent you this calendar and encouraged you to sign up, send an email to the Progressive Alliance to receive it to your inbox! edcprogressivealliance@yahoo.com