



Creating Energy & Strength through Unity
Our alliance provides continuity and a communication
network for citizens and groups dedicated to progressive causes.

Progressive Alliance Calendar February 2023

*"We must adjust to changing times and still hold on to unchanging principles."
Jimmy Carter*

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Calendar

Save the Date

For Your Information

Community Volunteers/Help Needed /Donations Needed

Websites and Contact: Information

Photo of the Month

Flyers

Calendar:

February 1 Food Distribution

Mondays, Wednesdays, and Fridays are SHARE Ministries' and EDC Food Bank food distribution days from 10am-noon. 1031 Thompson Way, Placerville. For other days and locations go [HERE](#).

February 1st, 8th, 15th Wakamatsu Wednesdays Farm Workdays

The volunteer workdays are centered around small maintenance projects at the Farm. 9am. Contact: ARConservancy.org/stewardship

February 3 Free Public Viewing Placerville Observatory

Public viewing is **free every Friday and Saturday night in February**. Please check back by 3PM on the day of the event for weather or staffing closures. Time: 7:30-9:30pm. Location: Community Observatory, 6699 Campus Drive, Placerville. Information [HERE](#)

February 4 Labyrinth Wander

Celebrate the start of 2023 with a mindful Labyrinth Walk in Georgetown, 1pm. Contact: ARConservancy.org/events

February 4 Free Master Gardeners Class: Can We Plant?

9-12 noon. The class will discuss which plants to choose based on your site and your desired outcome. 311 Fair Lane, Placerville. Contact: 530-621-5512 or <http://ucanr.edu/edmg>

February 4 Sierra Wildlife Rescue New Volunteer Fair

10am-1pm, Shingle Springs Community Center, 4440 S. Shingle Rd. **See attached flyer.**

February 4 Free Daytime Solar Observing at Placerville Observatory

Monthly daytime solar viewing happens the first Saturday of each month. Please check back prior to the event for weather or staffing closures. Time: 10am-12pm.

Location: Community Observatory, 6699 Campus Drive, Placerville. Information [HERE](#)

February 8 Free Master Gardeners Class: Gardening in Small Places

9-12 noon. Learn about site location, design, raised bed options, container gardening and other methods of gardening in a small backyard setting. Cameron Park Community Center, 2502 Country Club Dr, Cameron Park. Contact: 530-621-5512 or <http://ucanr.edu/edmg>

February 9 Democratic Women Meeting

Join Democratic Women of El Dorado County (DWEDC) 6pm-8pm (first 30 minutes is social time). Program: we will discuss the plans and events our club will hold for the 2023 year; join us and get involved! RSVP: [HERE](#)

Or DemWomenEdc@gmail.com for information.

February 11 Sierra Wildlife Rescue Class: Raccoon Rehabilitation

10-12 noon, SWR Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: 530-621-4661 or www.sierrawildliferescue.org

February 11 Zen Meditation & Qigong in the Wakamatsu Garden

1-2:30 pm, Enjoy peaceful sessions of meditation and simple Qigong in the Wakamatsu Garden. Contact: ARConservancy.org/events

February 11 Sierra Wildlife Rescue Class: Rabbit Rehabilitation

1-3 pm, SWR Center, 777 Pleasant Valley Rd, Diamond Springs. Contact: 530-621-4661 or sierrawildliferescue.org

February 16 United Democrats Meeting

The United Democrats of El Dorado County will be meeting at noon at the Round Table Pizza on Missouri Flat Road. Speaker to be announced, we will be electing our Club Officers. Contact John Savage at savage956@hotmail.com

February 18 Sierra Wildlife Rescue Class: Dove and Pigeon Rehabilitation

10-12 noon, SWR Center, 777 Pleasant Valley Rd, Diamond Springs.

Contact: 530-621-4661 or sierrawildliferescue.org

February 18 Sierra Wildlife Rescue Class: Opossum Rehabilitation

1-3 pm, SWR Center, 777 Pleasant Valley Rd, Diamond Springs.

Contact: 530-621-4661 or sierrawildliferescue.org

February 18 Carnival for Hope Gala Fundraiser for The Center Now

Silent & Live Auction, Gourmet Dinner, Live Music by Diva Rox, Dancing, and more. All to benefit The Center! 6 to 11 pm at Mercedes-Benz of El Dorado Hills.

More information at www.thecenterevents.org

Our last Gala proceeds netted over \$250,000 which enabled us to serve over 135 families, 182 children, and over 35,000 client interactions.

If you're interesting in being a sponsor contact Kit Curran at 530.626.1450 EXT 247 or kitc@thecenternow.org

February 19 El Dorado Progressives General Meeting Black History Month

3-5:30 pm, Hybrid Meeting at Placerville Town Hall, 549 Main St, Placerville, CA 95667 and on Zoom. Send any questions to eldoradoprogressives@gmail.com

To register for the Zoom meeting click: [HERE](#)

February 22 Ongoing Dementia Caregiver Series

Join us in January, February and/or March for this comprehensive and supportive series sponsored by the Alzheimers Association and others. Location: Holy Trinity Parish, 3111 Tierra de Dios Dr, El Dorado Hills 95762. For information and to register in advance (required) call (916) 728-9333 and press 2. **See attached flyer.**

February 25 Sierra Wildlife Rescue Class: Songbird First Aid

This class also includes "Preparing for the Baby Bird Nursery Season".

10-12 noon, SWR Center, 777 Pleasant Valley Rd, Diamond Springs.

Contact: 530-621-4661 or sierrawildliferescue.org

February 25 Sierra Wildlife Class: Squirrel Rehabilitation

1-3 pm, SWR Center, 777 Pleasant Valley Rd, Diamond Springs.

Contact: 530-621-4661 or sierrawildliferescue.org

February 25 Democrats After Dark Special Event

The Democratic Women of El Dorado County (DWEDC) and the El Dorado County Democratic Party are hosting their first in-person fundraiser since January 2020. Our Democrats After Dark event features guest speaker and newly elected Democratic State Senator (SD 4), Marie Alvarado-Gil! It's been a long, long time since El Dorado

County has been represented in the California State Senate by a registered Democrat! This is a breakthrough for EDC Democrats and a wonderful chance for you to meet and talk with Senator Alvarado-Gil and other local Democrats, along with enjoying wonderful catered food and local wines, 5-7pm. Click here to [purchase tickets](#).
See attached flyer.

February 26 Sierra Wildlife Rescue Class: Transporting Wildlife

10-12 noon, SRW Center, 777 Pleasant Valley Rd, Diamond Springs.

Contact: 530-621-4661 or sierrawildliferescue.org

February 26 Sierra Wildlife Rescue Class: Spiders, Snakes, & Lizards, Oh My!

1-3 pm, SRW Center, 777 Pleasant Valley Rd, Diamond Springs.

Contact: 530-621-4661 or sierrawildliferescue.org

Save the Date

March 1 Dem Women Book Club zoom meeting, 7 pm. See attached flyer.

March 4 International Women's Day

For Your Information

While the Free Farmers Markets are on hold until spring, there are many local food distribution sites in the county! See the flyer below and or go [HERE](#) if you need help or for more information.

The Rural Resistance Community Table is taking a winter break but can use some financial support to get up and running in 2023. Can you afford a donation?

Venmo: @ruralresistanceplacerville, PayPal: ruralresistanceplacerville@gmail.com,

Check: Rural Resistance 1390 Broadway, Suite B PMB 369, Placerville, CA 95667. Check back for a restart in the New Year.

The Master Gardener office is open. The public help desk is open from 9-12 noon on Tuesdays, Wednesday, and Thursdays to answer your gardening questions.

If you can't come in person, call 530-621-5512 and leave a voice mail. Or go online to "Ask a Master Gardener" tool at mgeldorado@ucanr.edu .

The Sherwood Demonstration Garden is temporarily closed due to damage it sustained during our recent storms. Contact: 530-621-5512

or <http://ucanr.edu/edmg>

The Center for Violence Free Relationships is open for in-person appointments if zoom and phones services are unavailable. Visit their website for protocols for in-person appointments. thecenternow.org
Crisis Support Line (530)626-1131 or (916)939-6616

Community Volunteers/ Help Wanted/ Donations Needed

Housing El Dorado is Hiring- Spread the Word!

We are hiring new positions to help with the work: Street Outreach, Case Manager and Overnight Safety Attendant.

Here are links to the job descriptions with a "reply" tab in the upper left corner. Here are the links to our Job Postings:

Overnight Guest Liaison: [HERE](#)

Outreach Worker: [HERE](#)

Case Manager: [HERE](#)

Housing El Dorado Inclement Weather

It certainly has been cold and wet this winter. Many of our homeless neighbors have received shelter at the Inclement Weather Shelter (IWS) at Scout Hall, Benham Park, Placerville. The IWS is a collaborative program with Housing El Dorado, Upper Room Dining Hall, the City of Placerville and the County of El Dorado. On request from the County, the Shelter has been extended for 2 more weeks until mid-February. Thanks to all of our volunteers, ***we ask that you please find some time for these last 2 weeks while the weather is still cold and wet.*** [Click here to Volunteer.](#)

Websites and Contact: Information:

Big Brothers/Big Sisters

Contact: Amber Henrichs

530-626-1222

amber@mentors4youth.org

Democratic Women's Club

www.edcdems.org

Contact: Lorraine King

916-220-2872

Lorraine.king@sbcglobal.net

EDC Progressive Alliance

edcprogressivealliance@yahoo.com

El Dorado County Democratic Party

www.edcdems.org

info@edcdems.org

El Dorado Peace & Justice Community

www.edpjc.org

jrmarti2@earthlink.net

Jim Martin (530) 622-9549

El Dorado Progressives

<https://www.facebook.com/groups/287092428352556/>

eldoradoprogressives@gmail.com

<https://eldoradoprogressives.org/>

Friends of EDC Seniors

info@friendsofEDCseniors.org

(530)626-6323

League of Women Voters EDC (nonpartisan)

www.lwveldorado.org

President: Eileen Burke-Trent

eileen.dragonslea@gmail.com

New Morning Youth & Family Services

www.newmorningyfs.org

David Ashby, Executive Director

David@newmorningyfs.org

530.622.5551 x122

Sierra Club Maidu Group

www.motherlode.sierraclub.org/maidu

barbara.brydon@comcast.net

Contact: Barbara Brydon

Sierra Wildlife Rescue

(530)621-2020

<https://sierrawildliferescue.org/>

The Center for Violence-Free Relationships

24/7 Crisis Help Line: 530-626-1131 or

916-939-6616, Office Phone: 530-626-1450

or 916-939-4464 www.thecenternow.org

United Democrats of El Dorado County

www.edcdems.org

Contact: John Savage

Savage956@hotmail.com

Photo of the Month



Winter 2023 Highway 89 near Emerald Bay

Photo credit: Mountain Democrat



Sierra Wildlife Rescue's 2023 New Volunteer Fair Saturday, February 4th, 10am – 1 pm

Event Location: Shingle Springs Community Center,
4440 S Shingle Rd, Shingle Springs

You're invited! Come and learn about Sierra Wildlife Rescue and how our local wildlife gets rescued, rehabilitated, and released! You'll get to meet our ambassador's Lionel and Whisper too! We also have plenty of support opportunities such as:

- Receptionist
- Hotline volunteer
- Office administrative help
- Event planning
- IT/Web services
- Writers for articles, newsletters
- Cage building & maintenance
- Bird & animal rehabbing
- Baby bird nursery
- Grant writing
- Publicity
- Photographer

The old saying goes, "it takes a village," and boy do we need villagers!

All our team members will be there to answer any questions you may have and share their knowledge and years of experience about this important and wonderful non-profit organization.

The Sierra Wildlife Rescue class offerings will be available too!



Sierra Wildlife Rescue

(530) 621-4661

Mailing address: P.O. Box 2127, Placerville, CA 95667

Physical address: 777 Pleasant Valley Road, Diamond Springs, CA 95619

www.sierrawildliferescue.org

www.facebook.com/SierraWildlifeRescue

DEMENTIA CAREGIVER EDUCATION SERIES



January-February-March 2023
 Last Wednesday of the month
 10:00am to 11:30am

Part I

Part II

Planning for Aging
 Simone Nazzal, *Del Oro CRC*

January 25

Community Education Panel
 Denise Davis, *Alzheimer's Association*
 Simone Nazzal, *Del Oro CRC*
 Maureen Lawrence, *Elder Care Management*

Understanding Alzheimer's and Dementia
 Denise Davis, *Alzheimer's Association*

February 22

Caregiving Today: It's a Balancing Act
 Felicia Juntunen, *Elder Care Management*

Compassionate Communication between Adult Children & Aging Parents
 Felicia Juntunen, *Elder Care Management*

March 29

Understanding and Responding to Dementia Related Behaviors
 Denise Davis, *Alzheimer's Association*



Holy Trinity Parish's
 Health Education
 Ministry

Advance Registration Required. Please see Registration information on back.

Holy Trinity Parish~View Room

3111 Tierra de Dios Drive, El Dorado Hills, CA 95762



*If you require respite care, please contact Del Oro CRC at (916)728-9333 at least 2 weeks BEFORE scheduled event.

Registration Required: www.tinyurl.com/dces123

Planning for Aging

In this presentation, learn more about what an individual should consider as they are aging, the options for aging, and tools to plan for the future effectively. We will define long-term care (LTC) and understand the different options, identify and use different tools to plan for LTC, and explore local and national resources to use in planning for aging.

Community Education Panel

Learn from a panel of a local senior business and non-profit organizations offering a variety of senior services including: home care, adult day care, downsizing services, home modification services, caregiver support and placement and referrals. These senior service agencies, including Del Oro Caregiver Resource Center, Elder Care Management and the Alzheimer's Association will offer valuable information and tips to support you along your caregiving journey. Panel presentation/discussion will be followed by a question and answer session.

Wednesday, February 22, 2023

Registration Required: www.tinyurl.com/dces223

Understanding Alzheimer's and Dementia

Alzheimer's disease is not a normal part of aging. In this presentation, learn more about the impact of Alzheimer's, the difference between Alzheimer's and dementia, stages and risk factors, current research and treatments available for some symptoms, and Alzheimer's Association resources.

Caregiving Today: It's a Balancing Act!

Caregivers can exemplify compassion and nurturing toward others while often failing to take care of themselves. If you are a caregiver, finding value in your role and knowing your limitations can be critical to your success. Research shows that 65% of caregivers suffer from a major health event before the person who is receiving care. Becoming educated and knowledgeable about the journey ahead can make all the difference.

Wednesday, March 29th, 2023

Registration Required: www.tinyurl.com/dces323

Compassionate Communication between Adult Children & Aging Parents

Some of the hardest and most vital conversations we will ever have are with our aging parents when we discuss their wishes regarding their hopes and desires for the future. These conversations can be emotionally charged for both the parents and their children but involve topics that should be addressed to smooth decision-making about the future. Clarifying decisions together also helps all family members understand the basis for aging parents' choices and can reduce conflict when a crisis arises.

Understanding and Responding to Dementia Related Behaviors

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model & then applies it to some of the most common behaviors associated with the disease.

Advance Registration Required. Please register at the link listed above or call (916) 728-9333, press 2.



*If you require respite care, please contact Del Oro CRC at (916) 728-9333 at least 2 weeks BEFORE scheduled event.



El Dorado County

DEMOCRATS

after dark

HORS D'OEUVRES & WINE RECEPTION

SATURDAY Feb 25 5PM - 7PM

SPECIAL GUEST

Senator **MARIE ALVARADO-GIL**

PLEASE JOIN US AT THE EL DORADO HILLS HOME
of DRS. MARGARET FORTUNE & ANETTE MELVIN

\$100 PER PERSON

\$250 TRUE BLUE PATRON
2 tickets + \$50 donation

SPONSORSHIP
LEVELS

\$500

BRONZE

\$1,000

SILVER

\$2,500

GOLD

\$5,000

PLATINUM

space is limited

**PURCHASE TICKETS
BY FEBRUARY 13, 2023**



edcdems.org

**DEMOCRATIC
WOMEN**
of EL DORADO COUNTY

Co-hosted by the **EL DORADO COUNTY
DEMOCRATIC CENTRAL COMMITTEE
& DEMOCRATIC WOMEN OF
EL DORADO COUNTY**

PO Box 1126, Diamond Springs, CA 95619

Federal law requires us to use our best efforts to collect and report the name, mailing address, occupation, and name of employer of individuals whose contributions exceed \$200 in a calendar year.

Paid for and authorized by the El Dorado County Democratic Central Committee.

Not authorized by any candidate or candidate committee. FEC # C00483412 FPPC# 781341



Food Distribution Sites

Food Bank El Dorado County

Camino

Camino Adventist Community Services
3520 Carson Rd
Wednesdays 9 am - Noon

Cameron Park

Light of the Hills Lutheran Church
3100 Rodeo Rd
1st, 2nd & 3rd Tuesdays 11am - Noon

El Dorado

El Dorado Community Church
4701 Church St
2nd & 4th Fridays 11 am - 2:30 pm

El Dorado Hills

Hills Church
800 White Rock Rd
2nd & 4th Tuesdays 10 am - 11 am

Garden Valley

House of Prayer
7901 Hwy 193
2nd & 4th Wednesdays 11 am - 2 pm

Placerville

Foothill Indian Education
100 Forni Rd
1st & 3rd Fridays 11:30 am - 1 pm

Placerville

Green Valley Community Church
3500 Missouri Flat Rd
Saturdays 8 am - 11 am

Placerville

Placerville Adventist Community Services
6831 Mother Lode Rd
2nd & 4th Wednesdays 9 am - Noon

Placerville

SHARE Ministries
1031 Thompson Way
Mondays, Wednesdays, Fridays 10 am - Noon

Placerville

Upper Room Dining Hall
1868 Broadway St
Daily 4 pm - 5 pm

Pollock Pines

Pollock Pines Community Church
6361 Pony Express Trl
2nd & 4th Fridays 11:30 am - 1 pm

Somerset

Pioneer Bible Church
6851 Mt Aukum Rd
2nd & 4th Fridays 1 pm - 2 pm

South Lake Tahoe

SLT Family Resource Center
3501 Spruce Ave
2nd Friday 10 am - 4 pm

South Lake Tahoe

Phoenix Food Pantry
2733 Lake Tahoe Blvd
Wednesdays 10:30 am - Noon

South Lake Tahoe

St. Theresa's Bread & Broth
1041 Lyons Ave
Mondays 4 pm - 5:30 pm

South Lake Tahoe

Lake Tahoe Community
Presbyterian Church
2733 Lake Tahoe Blvd
Fridays 4 pm - 5 pm

If a friend sent you this calendar and encouraged you to sign up, send an email to the Progressive Alliance to receive it to your inbox! edcprogressivealliance@yahoo.com